

Herndon *Odyssey* SUMMER CAMP

Parent Manual 2019

Herndon Parks and Recreation Department
herndon-va.gov
703-787-7300

herndon.odyssey@herndon-va.gov



TABLE OF CONTENTS

HERNDON PARKS AND RECREATION DEPARTMENT

VISION STATEMENT & MISSION STATEMENT.....	3
PROGRAM INFORMATION	
ELIGIBILITY.....	3
HOURS.....	3
ADMISSION & REGISTRATION.....	4
KIDS AT HOPE.....	4-5
FEES.....	5
FORMS.....	5
DRESS CODE.....	5
ARRIVAL & DISMISSAL	
SIGN-IN / SIGN-OUT.....	6
LATE PICK-UP.....	6
WALKING / BIKE RIDING.....	6
OTHER CAMPS / PROGRAMS.....	7
LOCATION.....	7
CHILD ABUSE & NEGLECT REPORTING.....	7
ILLNESS / ACCIDENTS / EMERGENCY.....	7
COMMUNICABLE DISEASE.....	7
SWIMMING.....	7-8
SUNSCREEN / INSECT REPELLANT.....	8
LUNCH & SNACK.....	8
MEDICATION.....	8
DISCIPLINE.....	8-9
REMOVAL FROM PROGRAM.....	8-9
BULLYING.....	9-10
LOST AND FOUND.....	10
FIELD TRIPS.....	10
RAINY & CODE RED DAYS.....	11
ITEMS TO BRING TO CAMP.....	11
ITEMS TO LEAVE AT HOME.....	11

HERNDON PARKS AND RECREATION DEPARTMENT

Vision Statement

The Herndon Parks and Recreation Department provides an exceptional level of service by offering enriching recreation programs, parks and facilities that provide opportunities for all town residents to benefit.

Mission Statement

The Town of Herndon Parks and Recreation Department enriches the lives of its diverse residents, serves as stewards of town resources, and fosters a sense of community by providing engaging, accessible and valued parks, facilities and recreation programs complementing those provided by Fairfax County.

WELCOME TO HERNDON ODYSSEY!

Welcome to the Town of Herndon Department of Parks and Recreation Herndon Odyssey Program. The primary focus of this program is to provide elementary school age children with activities centered on recreation, sports, arts & crafts, team games, swimming, special events, field trips, contests and free play in a safe, fun, and supervised environment. The daily activities will be developmentally appropriate and promote the individual child's physical, intellectual, emotional and social well-being and growth as well as challenging your child's interests and abilities. With a well-trained staff, we know that you and your child will find this a memorable summer. Herndon Odyssey provides a positive, fun, safe environment, creating a high quality program which allows each child to grow and develop according to his/her age.

Everyday your child will come home with something in their head, heart and hands. What they bring home in their head and heart is much more important than what they bring home in their hands. Here's to Herndon Odyssey! In addition, parent letters are emailed to families weekly. Please be sure to look for and read any information that your child brings home.

Herndon Odyssey

Your child's journey through Herndon Odyssey is sure to make lifetime memories! Each week, campers enjoy activities designed around fun themes filled with new discoveries. Days, times and activities/field trips are subject to change, so please review the camp's newsletter for the most up-to-date information.

ELIGIBILITY FOR PARTICIPATION

All children must be six years old and completed Kindergarten to participate in Herndon Odyssey. Maximum age is eleven.

PROGRAM HOURS

Herndon Odyssey camp hours are 7:30am-6:00pm; Monday-Friday:

- Session I Monday, June 17 – Friday, June 28
- Session II Monday, July 1 – Friday, July 12 (No camp July 4)
- Session III Monday, July 15 – Friday, July 26
- Session IV Monday, July 29 – Friday August 9

Participants are not to be dropped off prior to 7:30am. Staff will not be available to supervise children until 7:30am. When participants are not picked up by 6:00pm, parents will be assessed a late fee.

ADMISSION AND REGISTRATION

A Camper Information 2019 form must be completed along with the Summer 2019 Herndon Parks and Recreation Registration Form. Both forms and the Parent Handbook can be obtained at www.herndon-va.gov, click on recreation, camps, summer camps, Herndon Odyssey.

Registration Options:

- ONLINE at www.herndon-va.gov
- IN PERSON at the Herndon Community Center, 814 Ferndale Avenue, Herndon VA, 20170
- MAIL the two completed forms with payment to Herndon Parks and Recreation, 777 Lynn Street, Herndon, VA 20170
- FAX the two completed forms with payment to 703-318-8652
- DROP OFF the two completed forms with payment at the reception desk of the Herndon Community Center

KIDS AT HOPE

So many documents, strategies, programs, and models are designed to address children “at risk.” School achievement, drug and alcohol use, gang activity, teen pregnancy and youth violence are all threats and challenges our youth face today. Preventing, treating, managing and addressing these issues for students has resulted in institutionalizing the term “kids at risk,” labeling the children, not the conditions, in a stereotypical and negative manner.

Kids at Hope is committed to reversing the harmful effects and self-fulfilling prophecy associated with the “youth at risk” programs and strategies. The fact is, now more than ever, it is incumbent upon us – the adults – to believe in every child’s success, and with this belief, do whatever we can to promote the hopeful side of all children. We must use the language, provide the encouragement day by day, minute by minute, to have our children see HOPE in themselves so that they are more equipped to meet their life challenges. The more adults who practice and act on the belief that all children can succeed, NO EXCEPTIONS, the more we will see our children step up to that expectation.

Kids at Hope in Action

A “Hope Community,” or Hope Square, is a geographical location wherein different youth organizations, businesses and school personnel agree to share a common belief system and resources, enables us to recognize our collective strengths, and challenges us to become and do greater and more powerful good than any of us can do individually.

Kids at Hope compels us to rally around a set of common principles and practices that protect our individual identities and missions and enhance our capacity to offer a full range of coordinated services so that every child in our community can succeed; NO EXCEPTIONS!

Components of Kids at Hope

Kids at Hope incorporates three universal truths from research findings that help us understand why some children succeed and others fail.

These universal truths are:

1. Children succeed when they are surrounded by adults who believe they will succeed.
2. Children succeed when they have meaningful and sustainable relationships with caring adults.
3. Children succeed when they are able to articulate a future beyond just a career or occupation.

As Treasure Hunters, we commit to helping our youth to experience “Mental Time Travel.” As Mental Time Travelers, our youth can imagine their future and can feel empowered to plan for and reach their goals in four destination points:

- Home and Family Education and Career Community and Service
- Hobbies and Recreation

Kids at Hope...

- Inspires an innovative concept which states and demonstrates that all children are capable of success, NO EXCEPTIONS! Kids at Hope is not another program; it is first and foremost a belief system, supported by a cultural strategy and then enhanced by existing or new programs.
- Empowers Kids at Hope empowers organizations to transform their cultures through professional, personal and volunteer development workshops, seminars, institutes and classes.
- Kids at Hope demonstrates how an entire organization, school and/or community can support the success of all children, NO EXCEPTIONS!
- Staff and campers recite the Kids at Hope pledges and engage in daily activities that demonstrate our belief that all children all capable of success, NO EXCEPTIONS!

Kids at Hope Pledge Treasure Hunter Pledge

As an adult and a Treasure Hunter, I am committed to search for all the talents, skills and intelligence that exists in all children and youth. I believe all children are capable of success, NO EXCEPTIONS!

FEES

Participants may register for Sessions I, II, III and IV at the same time or individually. Payment is due in full for each session at the time of registration.

- Session I TOH \$250 NR \$333
- Session II TOH \$225 NR \$299
- Session III TOH \$250 NR \$333
- Session IV TOH \$250 NR \$333

Parents wishing to withdraw from the program need to notify the Camp Director. Herndon Odyssey program withdrawals follow the Parks and Recreation Department's refund policy.

FORMS

There are several forms that you may need to complete in addition to the mandatory forms you already completed to register for the camp (Camper Information Form). These forms are:

1. **Sign In/Out Form:** Allows your child to sign themselves in and out of camp, meaning no adult is responsible for picking them up or dropping them off at camp.
2. **Pick Up/Drop Off Form:** Individuals can be added to your approved list of people who have your permission to pick up or drop off your child to/from the Herndon Odyssey program.
3. **Medication Consent Form:** If your child needs to take medication during camp, you will need to complete this form. This form will be available at the parent meeting or can be requested.

DRESS CODE

Please dress children comfortably and appropriately according to weather and planned activities. Arts and crafts may be messy so clothes that can get dirty are appropriate so that the children can feel free to express themselves. Also consider the needs of your child for the use of the restroom. Clothing children cannot handle themselves, such as one-piece jump suits and complicated belts are not recommended. Sandals, flip flops, and dress shoes are not appropriate for camp. Hats, sunscreen and insect repellent may be used as protection from the elements (sun, insects, etc.) during outdoor activities and are highly encouraged. We require that closed toe sneakers or tennis shoes be worn every day. On cool mornings or rainy days, a sweatshirt or light jacket is recommended as the program includes various outdoor and indoor activities. A proper swimsuit with extra sun protection is also recommended. The staff is not responsible for children's personal belongings. Check Lost and Found if an item comes up missing. During each session a Herndon Odyssey, a t-shirt will be given to all participants.

ARRIVAL/DISMISSAL OF PARTICIPANTS & SIGN-IN/SIGN-OUT PROCEDURE

It is required that all children be accompanied to and picked up from the program by an authorized person. Children may not log themselves in or out of Herndon Odyssey Camp unless a form is completed by the parent. Sign-In/Sign-Out sheets will provide a clear record of attendance and tardiness for documentation, should it be needed. Children will be released only to those on the authorized pick up list which is included on the Camper Information Form. Persons unknown to Herndon Odyssey staff will be asked to show proof of identification. The Herndon Odyssey staff will need written authorization to release a child to someone other than the parent or guardian or who is not listed on the child's information form. In that case, please complete the necessary form to add individuals whom you authorize to pick up your child. For the safety of the children, for the first several days, (and whenever someone new comes to pick up a child) we will ask the adult picking up your child to provide photo identification to ensure that he/she is on the child's authorized pick-up list.

Arrivals

Remember there will be no supervision before 7:30am, so please do not bring your child to camp prior to 7:30am. Please do not drop off participants in the parking lot or send them in on their own. Children are to be signed in at the Gymnasium each morning. If the group is not in the Gymnasium, please go to the Pavilion next to the playground. It is very important that parents/guardians come in to sign-in/sign-out your child (*unless prior permission to walk/bike has been granted by the parent, in which case the child must sign him/herself in and out*). This is an opportunity for the staff to see you and let you know of any concerns or other information you need to know.

Pick-up

Participants are to be picked up by 6:00pm daily. If the parent knows they are going to be late, they should notify the Herndon Odyssey Camp of their status by calling (703) 435-6800 x2115. If no one answers, call the front desk at 703-787-7300. If you are picking your child up from camp during the middle of the day, please notify the child's group leader so they may tell you where the group may be at that time. It will be the parent's responsibility to be aware of the group's location. Please check in at the front desk after 6:15pm.

Late Pick-Up & Failure to Pick-Up

Parents/guardians who are late picking up their child(ren) will be assessed a late fee. Camp concludes at 6:00 p.m. After this time, you will be charged \$5 per child for the first 15 minutes, and \$1 for every minute that you are late after that in picking up your child. If you know you will be exceptionally late, please call (703) 435-6800 x2115. By 6:15 pm check for your child in the front lobby.

Example: If you pick up one child after 6:15pm, you will be charged \$5. At 6:25pm the fee is \$15. Payment will be collected on the day that late service is provided. This policy has been established to help assist us in ending camp on time. If a child is not picked up by 6:10pm, parent/guardian will be called. If they cannot be contacted, then the emergency contacts will be called. If parent/guardian or emergency contacts are not available and cannot be contacted by phone, the Herndon Police will be notified and the situation will be treated as an abandoned child.

Walking/ Bike Riding

We are allowing campers to walk or ride bikes to camp at appropriate times if it is in a safe manner. However, before a camper can sign him/herself in, the parent/guardian must write a detailed note listing when the child should arrive, leave, by what means and the route that he/she will get to and from camp. This letter will be kept on file, and a form will need to be signed by the parent/guardian. Should there be a problem with a camper not following the instructions set forth in the parent letter, self-sign-in/sign-out privileges will be taken away, and a parent/guardian must be present to sign the child in and out of camp daily. Bicycles will need to be locked to the bike rack which is located next to the front entrance of HCC. The department is not responsible for bicycles left overnight or if they are stolen.

OTHER CLASSES / PROGRAMS

If your child will attend another Herndon Community Center summer camp (i.e. Tennis Camp, Soccer Camp, Basketball Camp) that overlaps with Herndon Odyssey; he/she will need a note detailing the times of sign-in/sign-out/check-out for both camps, and location of both camps, so that the counselors for both camps can coordinate a safe transition between camps. This includes swim classes. Herndon Odyssey Staff MUST be provided with a complete schedule of ALL camps & classes.

LOCATION

The Herndon Odyssey program is based out of the Herndon Community Center adjoining Bready Park at 814 Ferndale Avenue. Throughout the summer, the camp participants will spend a substantial amount of time outside at Bready Park and will walk to Trailside Park or the Herndon Municipal Center for activities and special events.

CHILD ABUSE REPORTING

We are required by law to report any suspected incident of child abuse in accordance with Section 63.2-1509 of the Code of Virginia.

PARTICIPANTS WHO BECOME ILL / ACCIDENTS / EMERGENCY

Upon registering, all participants are required to have a completed Camper Information Form on file. It is required that there are two (2) emergency contacts in addition to the parent information.

It is very upsetting for parents and children when children are not feeling well. If your child is exhibiting any sign or symptoms of illness, please be considerate to others by keeping your child at home. Participants who are ill will be separated from the other children and will be taken to the Director's office where a cot, blanket and pillow will be provided. If the situation deems necessary, the parent will be notified.

If a child is injured, first aid will be administered and if deemed necessary, 911 will be called. The parent/guardian will be called and notified of the injury. Staff will immediately contact the parent/guardian if their child needs to be picked up or was transported by emergency vehicle to the hospital. Minor scrapes and bumps will be reported to the parent/guardian when they arrive to pick up their child.

All injuries and illnesses will be documented by staff. Parents must report to the Director any exposure to communicable illnesses outside the camp. The child will then be excluded from the program for the period of time prescribed by the child's physician.

Certain symptoms in children may suggest the presence of a communicable disease. Children who have the following symptoms should be excluded from Herndon Odyssey until:

1. A physician has certified the symptoms are not associated with an infectious agent or they are no longer a threat to the health of other children at the facility or,
2. the symptoms have subsided.

Communicable Disease

Communicable diseases may be transmitted either by contact with an infected person's bodily fluids, specifically saliva or an animal/insect bite. Common childhood communicable diseases include: animal bites, chickenpox, the common cold, head lice, mononucleosis, pink eye, ringworm and strep throat. In order to prevent many of these communicable diseases, it is important to stress to campers proper hygiene practices like hand washing, covering their mouths when coughing or sneezing and not sharing brushes, hats, or water bottles.

SWIMMING

Swimming will take place at the indoor pool in the Herndon Community Center. Swim days are Tuesdays, Thursdays and Fridays, beginning the first Tuesday of the camp session. On swim days, make sure your child

has a swimsuit, towel, bathing cap (*if needed*) and any other appropriate clothing. Goggles are recommended. Please label your child's clothing. Lockers are available for \$.25 for small and \$.50 for large. Use of lockers is recommended for all participants.

Each child's swimming skills will be determined by lifeguards before the child is allowed in the pool above the child's shoulder height. The program maintains permission from the parent of each child who participates in swimming/wading. This permission/approval is on the Herndon Odyssey Camper Information form. Please ensure that you completed the form and information related to swimming.

SUNSCREEN & INSECT REPELLENT

Prior to dropping your child off at camp, we ask that the parent/guardian apply sunscreen/insect repellent as needed daily. Participants must provide their own sunscreen, labeled with their first and last names. Sunscreen should be carried daily in their backpacks. Children are responsible for applying their own sunscreen/insect repellent. Staff will be regularly announcing to the participants to re-apply their sunscreen. Staff may assist younger children with the spray sunscreen as needed with other staff and children present.

LUNCH & SNACK TIME

Lunch is normally scheduled between 11:00am-1:00pm, depending upon age group and may vary for special events or field trip days. NO refrigeration or microwaves are available to participants. Instruct your child not to share their food with other children. Participants with food allergies need to be introduced personally to their group's leaders at the beginning of each session. Please provide their counselors with a picture with attached allergies stated. We recommend parents/guardians take the extra time to do this. If your child has food allergies please send them with their own afternoon snack and advise them not to join the camp's snack line.

Only one snack will be provided by Herndon Odyssey. This snack will be distributed in the afternoon, please provide your child with a morning snack. It must be provided by you, the parents. Lunch and snack are eaten outside at the pavilion.

MEDICATION

Children are permitted to take prescription and nonprescription medication during Herndon Odyssey only with written authorization from the parent or guardian. Written authorization from a physician is required for medication that is to be taken for more than 10 working days. All medication **MUST** be in the original container and be labeled with the child's name, the name of the medication, the dosage amount and the time to be given. Only Herndon Parks and Recreation Staff will have access to the medication and will oversee the medication administration. If your child needs to take medication, please see the Herndon Odyssey Director, Assistant Director, or Recreation Services Supervisor to complete the proper paperwork.

DISCIPLINE

Discipline shall be constructive in nature. The children will be encouraged to express their feelings and frustrations without violence to resolve conflicts. Limits that are fair, consistently applied and appropriate for the child's level will be used, and the child will be provided with reasons for the limits. There shall be no physical punishments or disciplinary action administered to the body. The staff will not be verbally abusive to the child. If a 'time out' is used for discipline, it will be appropriate to the child's developmental level. If two children are in a verbal or physical confrontation, both children may be dismissed from camp for the remainder of the day. Unless notified otherwise by camp staff, both children will be allowed to return to camp the following day. Parents will be notified promptly of any behavior concerns.

Reasons and Procedures for Removal from Program

In line with the discipline philosophy and procedures described, the following are guidelines for a child's removal from the program. A child may be removed for the following reasons:

1. Causing danger to him/herself and/or to other children;
2. Consistently failing to follow direction; or

3. Failure to respect authority.

Disciplinary actions will vary based on the number of incidents or the seriousness of the behavior. If warranted, the child will be removed immediately.

Example: If a child brings a weapon to camp, he/she will be removed immediately.

Other discipline will be handled in the following manner:

1. First occurrence, the child will be told verbally (firmly but calmly) to stop the inappropriate behavior and he/she will receive an explanation of the rules and limits.
2. At the second occurrence, the child will be given a time out and a first behavior report will be issued. The parent/guardian of the child will be informed of the child's actions via a phone call or meeting. The parent/guardian will be asked to sign the behavior report to verify they have been notified of the occurrence.
3. At the third occurrence, the child may be sent home for the rest of that day of camp and a second behavior report will be issued. The parent/guardian will again be informed of his/her actions and sign the behavior report. A meeting may occur with the Herndon Odyssey Director, the Recreation Services Supervisor II and the child's parent/guardian.
4. At the fourth occurrence, (or the third behavior report) the child may be dismissed from the program for the remainder of the session. A behavior report will be issued and signed by the parent/guardian. If dismissed from the program, there will be no refund.

BULLYING

Bullying of any kind is unacceptable at Herndon Odyssey and will not be tolerated. Bullying is counterproductive to team spirit and can be devastating to a victim. Herndon Odyssey is committed to providing a safe, caring and friendly environment for all of our campers. If bullying does occur, all parents should know that incidents will be dealt with promptly and effectively. Any parent who knows that bullying is happening is expected to tell a Camp Counselor, Assistant Camp Director, or Camp Director.

Objectives of Herndon Odyssey's Bullying Policy and Action Plan

1. To make it clear that the camp will not tolerate bullying in any form.
2. To define bullying and give parents a good understanding of what bullying is.
3. To make it known to all parents that there is a policy and protocol should any bullying issues occur.
4. To explain how to report bullying clear and understandable.
5. To spread the word that Herndon Odyssey takes bullying seriously and that all parents can be assured that they will be supported when bullying is reported.

What Is Bullying?

Generally, bullying is the use of aggression, whether intentional or not, which hurts another person. Bullying results in pain and distress. Bullying is the severe or repeated use by one or more Herndon Odyssey camper of oral, written, electronic or other technological expression, image, sound, data or intelligence of any nature (regardless of the method of transmission), or a physical act or gesture, or any combination thereof, directed at any other camper that to a reasonably objective person has the effect of:

- Causing physical or emotional harm to the other camper or damage to the other camper's property;
- Placing the other camper in reasonable fear of harm to himself/herself or damage to his/her property;
- Creating a hostile environment for the other camper
- Infringing on the rights of the other camper; or
- Materially and substantially disrupting camp or the orderly operation of the camp day.

Cyber-bullying is the use of text messaging, social media websites, emails, and other forms of electronic communication to embarrass or harm a fellow camper. This form of bullying includes sending inappropriate text messages or emails, spreading rumors on social media websites, or posting pictures and videos to the Internet. This form of bullying will not be tolerated by the Herndon Odyssey Staff.

Reporting Procedure

A camper who feels that he/ she have been bullied is asked to do one or more of the following things:

- Speak to their parents;
- Speak to a Counselor, Camp Director, or another designated individual;
- Write a letter or email to the Counselor, Camp Director.

There is no express time limit for initiating a complaint under this procedure, but every effort should be made to bring the complaint to the attention of the appropriate club leadership as soon as possible to make sure that memories are fresh and behavior can be accurately recalled and the bullying behavior can be stopped as soon as possible.

How We Handle Bullying

If bullying is occurring during camp-related activities, we STOP BULLYING ON THE SPOT using the following steps:

1. Intervene immediately. It is ok to get another adult to help.
2. Separate the kids involved.
3. Make sure everyone is safe.
4. Meet any immediate medical or mental health needs.
5. Stay calm. Reassure the kids involved, including bystanders.
6. Model respectful behavior when you intervene.

LOST AND FOUND

Ultimately, the individual participant is responsible for any personal belongings brought to the Herndon Odyssey program. It is highly recommended that participants NOT bring MP3 players, cell phones, I-pods, radios, magic cards, etc. Staff will not be responsible if these items are lost, taken by another participant or broken. When participants are away from their designated home base, their belongings are all kept together at one location. There will be a lost and found container in the concession stand located at the playground area. Items left in lost and found at the end of the summer will be donated to charity. We do require extensive labeling of all children's belongings as a preventive measure for tracking personal items. We ask that they keep everything in a labeled backpack.

FIELD TRIPS

Field trips are included in the cost of Camp Odyssey. All staff and campers will attend all field trips, no staff members will be left behind at the HCC. Transportation for all field trips is provided by school buses through Fairfax County School system.

All children attending field trips are required to wear the "HERNDON ODYSSEY" T-shirt. T-shirts will be given to Herndon Odyssey participants during the first week of the session. We will travel to a variety of recreation venues where many other children will be, and this will be a quick identification measure for the counselors. On some field trips, children will not be allowed to bring food to the field trip locations. Some trips include lunch and on other trips participants will need to bring money to purchase food at the location.

Children are responsible for all personal items they bring on the field trips. The Herndon Odyssey staff and volunteer chaperones are not responsible for any child's personal items.

Please have your child at the Herndon Community Center before the departure time. In the event that a child is late on a field trip day, it is the responsibility of the parent to bring their child to the field trip location if they want their child to still attend the field trip. A weekly field trip reminder will be emailed in the parent letter with detailed information for the week of the trip.

RAINY DAYS

Rainy days at camp are no problem here at Herndon Odyssey! When it rains, we still have fun! If it is a light rain, we may keep campers outside under the pavilion. If we need to, all campers will be moved into the Herndon Community Center. Under no circumstances will any camper be outside during thunder and/or lightning. Rainy day games such as cards, board games, and more will be our alternate to the rain and clouds!

CODE RED DAYS

Code red days are hot, hazy and humid. There is no breeze, tons of sun, and little chance of precipitation. On these days, campers will be kept out of the direct sunlight for games and sports and they will not be required to play games or sports that require running. Water will be available to the campers at all times. We will do our best to have indoor times available.

ITEMS TO BRING TO CAMP

Please make sure your camper brings the following items to camp each day. Be sure everything is labeled with your camper's name. The Herndon Parks and Recreation Department is not responsible for lost or stolen items.

- **Lunch and Snacks:** A non-perishable healthy lunch, snack and drink should be packed every day. Remember extra snacks for morning (We provide an afternoon snack)
- **Backpack:** To store camper's items including lunch, water gear and extra clothes.
- **Water Bottle:** Water fountains or coolers are available to refill water bottles. Go Green and use a reusable bottle.
- **Bathing Suit, Towel, Goggles**
- **Sunscreen, Insect Repellent, Hat:** Recommend spray sunscreen that your camper can apply without assistance.
- **Extra Clothes:** Dress your child in cool comfortable play clothes that can get dirty. An extra set of clothing is recommended, especially for younger campers.
- **A smile and lots of energy:** We will have plenty, but bring as much as you can!

PACK ALL OF THESE ITEMS IN A BACKPACK. PLEASE MAKE SURE THE CHILD'S NAME IS ON THE BACKPACK AND LABEL EVERYTHING!

ITEMS TO LEAVE AT HOME

Campers should not bring any item to camp that would cause their feelings to be hurt if it was lost, broken or stolen. Prohibited items will be stored with the camper's belongings as the Herndon Parks and Recreation Department is not responsible for lost or stolen items. Below is a list of items not permitted at camp:

- Toys/games, any trading cards (magic cards, baseball cards)
- Cell/Smart phones; video games
- iPads, tablets, music players
- Jewelry, Animals, Personal sports equipment
- Weapons or anything that looks like a weapon
- Cut-off jeans as swimsuits (*per Aquatic facility rules*), belly shirts, short shorts, clothing with inappropriate language, and undershirts as clothing
- Sandals, Crocs and Flip-Flops are not allowed

Program Contacts

Recreation Services Supervisor - Kimmie Alcorn 703-435-6800 ext.2119

Recreation Services Supervisor – John Walsh 703-435-6800 ext.2109

Herndon Odyssey Office 703-435-6800 ext 2115

(this phone number will be in operation June 17-August 9, 2019)