

Monday Pool usage schedule for Fall 2019

(Until High School Season begins November 4)



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool	
6:00 AM	Commanders										
6:30 AM	Commanders										
7:00 AM	Commanders										
7:30 AM	Commanders										
8:00 AM						Water Walking					
8:30 AM						Water Walking					
9:00 AM					Senior Water Walking						
9:30 AM					Senior Water Walking						
10:00 AM					Lessons						
10:30 AM					Lessons						
11:00 AM											
11:30 AM											
12:00 PM											
12:30 PM											
1:00 PM											
1:30 PM						Land & Sea					
2:00 PM						Land & Sea					
2:30 PM											
3:00 PM											
3:30 PM	Commanders										
4:00 PM	Commanders						Lessons (Oct 2-Nov 20)				
4:30 PM	Commanders						Lessons (Oct 2-Nov 20)				
5:00 PM	Commanders						Lessons				
5:30 PM	Commanders						Lessons				
6:00 PM	Commanders						Lessons				
6:30 PM	Commanders						Lessons				
7:00 PM	Commanders						Lessons				
7:30 PM	Commanders						Lessons				
8:00 PM	Commanders						Lessons				
8:30 PM	Commanders				Masters Swim Team - HAM						
9:00 PM	Commanders				Masters Swim Team - HAM						

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.

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 (Until High School Season begins November 4)



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool	
6:00 AM	Commanders										
6:30 AM											
7:00 AM											
7:30 AM						Intro to Water Aerobics		Deep H2O 2			
8:00 AM											
8:30 AM								Deep H2O 1			
9:00 AM											
9:30 AM						Water Aerobics					
10:00 AM						Therapeutic		H2O Aer			
10:30 AM											
11:00 AM											
11:30 AM											
12:00 PM											
12:30 PM											
1:00 PM											
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:30 PM											
5:00 PM	Commanders						Lessons				
5:30 PM											
6:00 PM											
6:30 PM											
7:00 PM											
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM											

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Wednesday Pool usage schedule for Fall 2019

(Until High School Season begins November 4)



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool					
6:00 AM	Commanders														
6:30 AM															
7:00 AM															
7:30 AM									Deep H2O 2						
8:00 AM						Water Walking									
8:30 AM						Senior Water Walking									
9:00 AM					Lessons										
9:30 AM															
10:00 AM															
10:30 AM															
11:00 AM															
11:30 AM															
12:00 PM															
12:30 PM															
1:00 PM															
1:30 PM															
2:00 PM															
2:30 PM															
3:00 PM															
3:30 PM	Commanders														
4:00 PM							Lessons (Oct 2-Nov 20)								
4:30 PM															
5:00 PM	Commanders						Lessons								
5:30 PM															
6:00 PM															
6:30 PM															
6:30 PM									Deep H2O 1						
7:00 PM															
7:30 PM									Deep H2O 2						
8:00 PM															
8:30 PM				Masters Swim Team - HAM											
9:00 PM															

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.

Thursday Pool usage schedule for Fall 2019

(Until High School Season begins November 4)



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool			
6:00 AM	Commanders												
6:30 AM													
7:00 AM													
7:30 AM						Intro to Water Aerobics		Deep H2O 2					
8:00 AM													
8:30 AM								Deep H2O 1					
9:00 AM													
9:30 AM						Water Aerobics							
10:00 AM							Therapeutic	H2O Aer					
10:30 AM													
11:00 AM													
11:30 AM													
12:00 PM													
12:30 PM													
1:00 PM													
1:30 PM													
2:00 PM													
2:30 PM													
3:00 PM													
3:30 PM	Commanders												
4:00 PM													
4:30 PM													
5:00 PM	Commanders						Lessons						
5:30 PM													
6:00 PM													
6:30 PM													
7:00 PM													
7:30 PM													
8:00 PM													
8:30 PM													
9:00 PM													

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.

Friday Pool usage schedule for Fall 2019

(Until High School Season begins November 4)



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool	
6:00 AM	Commanders										
6:30 AM	Commanders										
7:00 AM	Commanders										
7:30 AM	Commanders										
8:00 AM						Power Splash					
8:30 AM						Power Splash					
9:00 AM					Senior Water Walking						
9:30 AM					Senior Water Walking						
10:00 AM											
10:30 AM											
11:00 AM											
11:30 AM											
12:00 PM											
12:30 PM											
1:00 PM											
1:30 PM											
2:00 PM											
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM							Lessons				
4:30 PM							Lessons				
5:00 PM	Commanders						Lessons				
5:30 PM	Commanders										
6:00 PM	Commanders										
6:30 PM	Commanders										
7:00 PM	Commanders										
7:30 PM											
8:00 PM											
8:30 PM											
9:00 PM											

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.

The Pirate Ship will be out from 7:30-9:30pm on the third Friday of September, October, and November.

Saturday Pool usage schedule for Fall 2019

(Until High School Season begins November 4)



The pool is open only to lap swimmers ages 13 & up and scheduled swim lessons on Saturdays until noon.

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool		
7:00 AM	Commanders			Open only for Lap Swimming ages 13 and older							Deep H2O	
7:30 AM												
8:00 AM												
8:30 AM												
9:00 AM	Lessons		Open only for Lap Swimming ages 13 and older		Lessons							
9:30 AM												
10:00 AM												
10:30 AM												
11:00 AM												
11:30 AM												
12:00 PM												
12:30 PM												
1:00 PM												
1:30 PM			Pirate Ship Float									
2:00 PM												
2:30 PM												
3:00 PM												
3:30 PM												
4:00 PM												
4:30 PM												
5:00 PM												
5:30 PM												

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.

Sunday Pool usage schedule for Fall 2019

(Until High School Season begins November 4)



The pool is open only to lap swimmers ages 13 & up and scheduled swim lessons on Sundays until noon.

After 6pm the spa is closed and the pool is open only to group lessons and the rental swim team.

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool			
7:00 AM	Open only for Lap Swimming ages 13 and older												
7:30 AM													
8:00 AM													
8:30 AM	Rental												
9:00 AM	Lessons					Lessons							
9:30 AM													
10:00 AM													
10:30 AM													
11:00 AM													
11:30 AM													
12:00 PM													
12:30 PM													
1:00 PM													
1:30 PM				Pirate Ship Float									
2:00 PM													
2:30 PM													
3:00 PM													
3:30 PM													
4:00 PM	Lessons												
4:30 PM													
5:00 PM													
5:30 PM													
6:00 PM							Rental						
6:30 PM													

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be willing to share lanes with other lap swimmers and circle swim if necessary.