

Monday Pool usage schedule for Winter/Spring 2026



	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Training Pool	Diving Well
7:00 AM	Commanders									
7:30 AM										
8:00 AM										
8:30 AM						Water Aerobics				
9:00 AM										
9:30 AM										
10:00 AM	Water Walking/Lap Swim									
10:30 AM	Lap Swim									
11:00 AM										
11:30 AM										
12:00 PM						Lessons				
12:30 PM										
1:00 PM										
1:30 PM							Open Swim			
2:00 PM										
2:30 PM										
3:00 PM										
3:30 PM										
4:00 PM										
4:30 PM										
5:00 PM										
5:30 PM	Commanders							Lessons		
6:00 PM										
6:30 PM										
7:00 PM										Deep Water 1
7:30 PM						Commanders				
8:00 PM										
8:30 PM										

Scheduled group activities have priority for lane usage throughout the day.

There are 2 lanes available for lap swimmers except from 5-6pm, however they are expected to be shared lanes with other lap swimmers and circle swim if necessary.

Open Swim from 12-5 in designated lanes and training pool

Tuesday Pool usage schedule for Winter/Spring 2026

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Training Pool	Diving Well	
7:00 AM	Commanders										
7:30 AM										Deep	
8:00 AM										Water 2	
8:30 AM										Deep	
9:00 AM										Water 1	
9:30 AM						Water Walking/Lap Swim					
10:00 AM						Therapeutic Water Aerobics					
10:30 AM	Lap Swim										
11:00 AM											
11:30 AM											
12:00 PM											
12:30 PM											
1:00 PM						Lessons					
1:30 PM											
2:00 PM	Masters Swim Team							Open Swim			
2:30 PM											
3:00 PM											
3:30 PM											
4:00 PM											
4:30 PM											
5:00 PM											
5:30 PM	Commanders										
6:00 PM								Lessons			
6:30 PM											
7:00 PM											
7:30 PM											
8:00 PM											
8:30 PM											

Scheduled group activities have priority for lane usage throughout the day.

There are 2 lanes available for lap swimmers except from 5-6pm, however they are expected to be shared lanes with other lap swimmers and circle swim if necessary.

Open Swim from 12-5 in designated lanes and training pool

Wednesday Pool usage schedule for Winter/Spring 2026

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Training Pool	Diving Well
7:00 AM	Commanders									
7:30 AM										
8:00 AM										
8:30 AM						Water Aerobics				
9:00 AM										
9:30 AM									Lessons	
10:00 AM						Water Walking/Lap Swim				
10:30 AM										
11:00 AM		Lap Swim					Lessons			
11:30 AM										
12:00 PM										
12:30 PM										
1:00 PM										
1:30 PM										
2:00 PM										
2:30 PM							Open Swim			
3:00 PM										
3:30 PM										
4:00 PM										
4:30 PM										
5:00 PM										
5:30 PM										
6:00 PM								Lessons		
6:30 PM		Commanders								
7:00 PM										Deep Water 1
7:30 PM						Commanders				
8:00 PM										
8:30 PM										

Scheduled group activities have priority for lane usage throughout the day.

There are 2 lanes available for lap swimmers except from 5-6pm, however they are expected to be shared lanes with other lap swimmers and circle swim if necessary.

Open Swim from 12-5 in designated lanes and training pool

Thursday Pool usage schedule for Winter/Spring 2026

Spa closed at 8pm for cleaning

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Training Pool	Diving Well
7:00 AM			Commanders							
7:30 AM										Deep
8:00 AM										Water 2
8:30 AM										Deep
9:00 AM										Water 1
9:30 AM										
10:00 AM							Water Walking/Lap Swim			
10:30 AM		Lap Swim								
11:00 AM										
11:30 AM										
12:00 PM										
12:30 PM										
1:00 PM										
1:30 PM							Open Swim			
2:00 PM										
2:30 PM										
3:00 PM										
3:30 PM										
4:00 PM										
4:30 PM										
5:00 PM										
5:30 PM		Commanders						Lessons		
6:00 PM										
6:30 PM										
7:00 PM										
7:30 PM							Aqua Pound			
8:00 PM										
8:30 PM										

Scheduled group activities have priority for lane usage throughout the day.

There are 2 lanes available for lap swimmers except from 5-6pm, however they are expected to be shared lanes with other lap swimmers and circle swim if necessary. Open Swim from 12-5 in designated lanes and training pool

Friday Pool usage schedule for Winter/Spring 2026

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Training Pool	Diving Well
7:00 AM	Commanders									
7:30 AM										
8:00 AM						Water Aerobics				
8:30 AM										
9:00 AM										
9:30 AM										
10:00 AM						Water Walking/Lap Swim				
10:30 AM	Lap Swim									
11:00 AM										
11:30 AM										
12:00 PM										
12:30 PM										
1:00 PM										
1:30 PM										
2:00 PM							Open Swim			
2:30 PM										
3:00 PM										
3:30 PM	Commanders									
4:00 PM										
4:30 PM	Commanders									
5:00 PM										
5:30 PM										

Scheduled group activities have priority for lane usage throughout the day.

There are 2 lanes available for lap swimmers, however they are expected to be shared lanes with other lap swimmers and circle swim if necessary.

Open Swim from 12-6 in designated lanes and training pool

Saturday Pool usage schedule for Winter/Spring 2026

The pool is open only to lap swimmers ages 13 & up and scheduled swim lessons on Saturdays until noon.

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool
7:00 AM			Commanders							
7:30 AM										
8:00 AM										
8:30 AM										
9:00 AM										
9:30 AM		Lessons								
10:00 AM								Lessons		
10:30 AM										
11:00 AM										
11:30 AM										
12:00 PM										
12:30 PM										
1:00 PM										
1:30 PM										
2:00 PM										
2:30 PM		Lap Swim					Open Swim			
3:00 PM										
3:30 PM										
4:00 PM										
4:30 PM										
5:00 PM										
5:30 PM										

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be shared lanes with other lap swimmers and circle swim if necessary.

Open Swim from 12-6 in designated lanes and training pool

Sunday Pool usage schedule for Winter/Spring 2026

After 4pm the spa is closed and the pool is open only to rental swim team.

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Diving Well	Training Pool
9:00 AM										
9:30 AM										
10:00 AM										
10:30 AM										
11:00 AM										
11:30 AM		Lap Swim				Open Swim				
12:00 PM										
12:30 PM										
1:00 PM										
1:30 PM										
2:00 PM										
2:30 PM										
3:00 PM	Rental									
3:30 PM										

Scheduled group activities have priority for lane usage throughout the day.

There are always 2 lanes available for lap swimmers, however they are expected to be shared lanes with other lap swimmers and circle swim if necessary.

Open Swim from 9-4 in designated lanes and training pool